**18th International Congress, Api-Expo and Workshop
of the German Apitherapy Society**

**Dresden, Germany**

**March 31-April 03**, 2023

**Location**: **Mauersbergersaal** Dresden at the **Kreuzkirche**

**Official languages: German** and **English**

**Congress main topics**:

* **Bee products quality**
* **Use of bee products in general medicine, surgery, neurology and pediatry**
* **Beehive Air Therapy**
* **Api Tourism**

**Program, in short:**

* **Friday 31 March to Sunday 02:Congress** and **Api-Expo**.
* **Sunday (April 2nd) afternoon**:**City tour of Dresden** including a visit to the famous **Semper Opera**.
* **Monday, April 3rd**:**Hands-on Apitherapy Workshop** for beginners and advanced practitioners.

**FRIDAY, March 31st**

12:00 p.m. - 1:30 p.m. Registration of the participants

1:45 p.m. Opening of the **Api-Expo**

2:00 p.m. - 2:15 p.m. Official opening of the **Congress**

2:15 - 3:15 p.m. **Dr. rer.nat. Marc Benecke**(Germany) - criminal biologist and specialist in forensic entomology - Lecture: Insects and climate change - current research.

3:15 p.m. - 4:00 p.m. **Prof. Dr. Karl Speer**(Technical University, DresdenGermany) -
Lecture: Analysis of Volatile Organic Compounds in bee products and in the beehive air.

16:00 - 16:30 Coffee break

4:30 p.m. - 5:15 p.m. **Jürgen Schmiedgen**(Managing Director of Beecura Ltd., Germany)–

Lecture: General introduction to medical beehive air therapy.

17:15 - 18:00 **James Fearnley**(**Natures Laboratory, United Kingdom**)–

Lecture: Building the Beearc: Exploring the three-dimensional support of the honeybee for human health.

**SATURDAY 01 April**

09:00 - 09:30 a.m. **M.Sc. Katja Klancisar Schneider**–

Lecture: Apitourism using the example of Slovenia.

09:30 - 10:15 a.m. **Dr. Stefan Stângaciu(Romania)** –

Lecture: The use of bee products in the prevention and treatment of multiple sclerosis.

10:15 a.m. - 11:00 a.m. **Dr. Mathias Holleiter (Switzerland)**–

Lecture: The use of bee venom in general practice.

 The use of honey in the treatment of wounds and abscesses.

11:00 - 11:30 a.m. Coffee break

11:30 a.m. - 12:15 p.m. **Dr. rer.nat. Körmendy- Racz Janos (Hungary)**–

Lecture: The optimization and standardization of propolis production steps and the refutation of false statements on apitherapy using the example of selected literature *Express Verbis* - Prof. Dr. Karsten Munstedt.

12:15 p.m. - 1:00 p.m. **Detlef Mix** (Naturopathic Doctor and author from Germany)–

Lecture: Manuka honey Practical application with feeling and understanding.

1:00 p.m. - 2:30 p.m. Lunch break

2:30 p.m. - 3:00 p.m. **Prof. Dr. Jurate Jankauskiene**(**Lithuania**)–

Lecture: Changes in the visual function of children with myopia using a preparation containing royal jelly, blueberries, lutein and vitamin complex.

3:00 p.m. - 4:00 p.m. **Practical apitherapy demonstrations**

* **Antonio Couto (Portugal)**/**Dr. Stefan Stângaciu(Romania)**–Short demonstrations of various forms of bee venom therapy.
* **Nina Ilic (Slovenia)**- Apitherapy for children: wax massage to support the development of preschool children.
* **Miljen Bobic (Germany)**/Dr. Stefan Stângaciu - Practical tips on honey detox massage.

4:00 p.m. - 4:30 p.m. Short break

Starting with 4:30 p.m. - **Annual General Assembly of DAB e.V. with new elections**

From 8:00 p.m. – **Informal get-together with dinner in a local restaurant**, e.g., in *Sophienkeller*

**SUNDAY 02 April**

09:00 - 09:30 a.m. **Dr. Stefan Stângaciu(Romania)**–

Lecture: Apitherapy in the 21st Century in the world – present situation and future perspectives.

09:30 - 10:00 **Dipl. Ing. Gerhard Goldsche (Germany)** –

Lecture: New findings in the conservation of beehive air.

10:00 - 10:30 a.m. **Dr. Marc-Wilhelm Kofink**–

Lecture: How the botulism warning came on the honey jars.

10:30 - 11:00 am Coffee break

11:00 a.m. – 11:45 a.m. **Bernhard Heuvel**(Vice President of the German Professional Beekeepers Association)–

Lecture: mRNA therapies - overview, function, benefits, risks, treatment of damage, possibilities and limits of apitherapy.

11:45 a.m. - 12:15 p.m. **Arno Bruder**(President of the German Apitherapy Society and former state consultant for beekeeping)–

Lecture: An introduction to themedicinal beekeepingbasicswith focus on various production processes.

12:15 - 13:00 **Round table** and **conclusions** of the Congress.

1:00 p.m. - 2:30 p.m. Lunch break

Optional: **Visit to the Semper Opera** with a **City tour** of Dresden.

**Meeting point at 2:30 p.m**., punctually at the Semper Opera.

Tour leader: City guide

**MONDAY 03 April (Apitherapy Workshop)**

09:00 - 09:20 **Registration of participants**

from 09:20 a.m. **Welcome to the participants**

9:30 a.m. - 10:00 a.m. **Introductory round**

10:00 - 10:45 **Antonio Couto (Portugal) / Dr. Stefan Stângaciu(Romania)** –Tips on Bee Sting Therapy - theory and practice.

10:45 - 11:00 am Short break

11:00 - 11:45 a.m. **Miljen Bobic (Germany)**- Honey detox massage - theory and practice, in detail.

11:45 - 12:00 Short break

12:00 - 12:45 **Jürgen Schmiedgen (Germany)** - BeeCura system of Beehive Air Therapy - from anamnesis to practical applications.

12:45 p.m. - 2:00 p.m. Lunch break

2:00 - 2:45 p.m. **Arno Bruder & Ishan Kocas (Germany/Türkiye)**- Bee Bread/ Pollen/Propolis/Honey & Co. - Collection/processing and practical uses.

2:45pm - 3:30pm **Ishan Kocas(Germany/ Türkiye)** - Making tinctures, creams and ointments and various batches of Oxymel.

15:30 - 15:45 Short break

3:45 p.m. - 4:30 p.m. **Dr. Stefan Stângaciu**– Apitherapy and Apipuncture - Treatment protocols adapted to the needs of participants.

16:30 - 16:55 **Round table**and free discussions with all participants

**Finish**: 5 p.m